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**Enterovirus D68 (EV-D68) Fact Sheet**

September 11, 2014

**General Information**

* Enteroviruses are common seasonal viruses that generally peak in late summer and early fall. They occur most frequently in children, teens, and young adults.
* Enterovirus D68 is a less common strain that causes respiratory symptoms. These often include wheezing, shortness of breath, sneezing, coughing, runny nose, and fever.
* Enterovirus is spread person-to-person by coughing, sneezing, or by touching infected persons or surfaces.
* While enterovirus is not generally life-threatening, infections can be severe, and can be especially dangerous for children with asthma or other underlying respiratory conditions.
* There is no vaccine to protect people from enterovirus. Most cases are mild to moderate, and affected persons generally recover on their own.

**What You Should Do**

* Monitor children, teens, and adults for respiratory symptoms.
* If symptoms occur, the individual should:
  + See a physician.
  + Stay away from school, day care, sporting events, and other activities where proximity to others can spread the illness.
* Ensure children with pre-existing respiratory conditions, such as asthma, are diligently taking all medications prescribed to control their symptoms.
* Wash hands frequently, with soap and warm water, for at least 20 seconds.
* Cover coughs and sneezes, and remind kids to do the same.
* Avoid sharing beverages, plates, bowls, utensils, and other objects that may come in contact with the hands, face, or mouth.
* Clean and disinfect commonly-touched surfaces, such as tables, chairs, countertops, toys, appliances, door handles, and bathroom fixtures.
* Remember to get annual flu vaccines and other important immunizations for the entire family.
* Contact your physician or call the Montgomery County Health Department at 610-278-5117with questions or concerns.

**For more information, visit:** [www.health.montcopa.org](http://www.health.montcopa.org)

**Montgomery County Health Department can be contacted at 610-278-5117**

**For After Hours, Evenings, Weekends and Holidays contact:**

**Montgomery County Police Radio at (610) 275-1222 and ask to speak to the person on-call for the Health Department**